



ALZNJ Online Community Education Schedule

ALZNJ Online Community Education Programs provide caregivers, families, and friends the emotional support and education they need to better understand and manage Alzheimer's disease and other dementias. Registration is required. Please see below or click [here](#) for more information.

Monthly Webinars Facilitated by Alzheimer's New Jersey Staff

[Understanding Dementia – An Overview for Caregivers](#)

Wednesday, October 2 at 12:00 pm

This program is designed to provide caregivers with a comprehensive overview of Alzheimer's disease and other forms of dementia. Caregivers of individuals with dementia will learn about the various stages of Alzheimer's disease, the process of getting a diagnosis, strategies for caring for someone with dementia, and much more.

[Residential Care Options](#)

Thursday, October 17th at 2:30pm

The decision to place a loved one with dementia in a residential care facility can be difficult, confusing, and fraught with understandable emotion. There are many issues to consider. Is there a "right" time for residential care placement? What are the different terms used to describe residential care settings? Is specialized memory care needed? What questions should be asked when evaluating a particular care option? This program is intended to assist and guide caregivers through the process of considering residential care placement for a loved one with dementia and to help caregivers make an informed decision. The importance of planning ahead will also be discussed.

[Managing Behavior Changes in Alzheimer's Disease](#)

Thursday – October 31st at 1:00 pm

Behavioral changes in Alzheimer's disease and other forms of dementia can pose concerns for family caregivers. As the disease progresses, behavior often becomes the primary way people with the disease communicate their needs. Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what those behaviors mean, and how to cope when behaviors are challenging.

Please note, we use Microsoft Teams for our webinars.

***Mac users*:** Microsoft Teams is not compatible with Safari. Microsoft Teams will work best when using the Google Chrome browser. You can download Google Chrome by clicking on the icon below:



Please feel free to call our Helpline with any questions – 888-280-6055.

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